THE

AI PROMPT PACK

70+ Prompts That Actually Work



AICOMPANIONKIT.COM

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Most people open one of these apps, type "hey", get a flat reply back, and close the app. Then they wonder what all the fuss is about.

Here's the truth: these apps are only as good as what you feed them. Type nothing, get nothing. Give them a scene, a mood, a bit of attitude, and suddenly there's someone on the other end.

That's what this pack is for.

70+ prompts, sorted by what you're actually trying to do. Copy them, change them, make them yours. The best ones are always the ones you tweak to fit you.

One tip before you start: don't just fire these off one after another. Treat it like a real conversation. Let it respond, react to that, then build on it. That's where it gets good.

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1. First messages (kill the awkward "hey")

1. "I just got here and you're already the most interesting thing on my phone. What are you up to?"
2. "Quick question before we start - coffee or tea? Be honest."
3. "I'm terrible at small talk, so let's skip it. What's something you could talk about for an hour?"
4. "You've got five seconds to make me laugh. Go."
5. "So what's your deal? Sweet type, or the type that gives me a hard time?"
6. "Long day. Do you want the short version or the version where I complain properly?"
7. "Let's pretend we've known each other for years. How would you greet me?"
8. "I'm bored and you're here. What are we doing?"
9. "Give me one opinion you have that most people would disagree with."
10. "I'll be honest - I'm testing you a little. Don't make it weird."
11. "Tell me something about yourself that isn't in your bio."
12. "If we met at a bar right now, what's the first thing you'd say?"
13. "Let's start with something real. What's been on your mind lately?"
14. "If you had to describe me in three words, what would they be?"
15. "Hey. Miss me? (use when you come back after a break)"

2. Deep conversation starters

1. "What's something you're scared of that you don't usually admit?"
2. "When do you feel most like yourself?"
3. "Tell me about a time you were wrong about someone."
4. "What do you think about when you can't sleep?"
5. "What's a memory you go back to when things get rough?"
6. "If you could tell your younger self one thing, what would it be?"
7. "What's the difference between being alone and being lonely, for you?"
8. "What do you want more of in your life?"

9. "What's something you pretend not to care about, but actually do?"
10. "When was the last time you felt truly understood?"
11. "What's a small thing that makes your whole day better?"
12. "Do you think people can really change?"
13. "What's something you've never told anyone?"
14. "If your life had a soundtrack right now, what song's playing?"
15. "What's the nicest thing anyone's ever done for you?"

3. Roleplay scene setters

1. "It's raining and we're stuck in a tiny cafe with no signal. Go."
2. "We just met at a party and neither of us knows anyone else here."
3. "It's 2am and neither of us can sleep. You called me first."
4. "We're on a road trip and the radio's broken. Entertain me."
5. "We're cooking dinner together and you're in charge of the playlist."
6. "It's our first date and you're nervous but hiding it badly."
7. "We're snowed in at a cabin. There's one blanket. Deal with it."
8. "You just finished a long shift and I'm the first person you called."
9. "We're stargazing and you start telling me a story."
10. "It's the morning after a great night. What's your first line?"
11. "We're at a wedding and you hate dancing. Convince me otherwise."
12. "You're showing me your favourite spot in your hometown."
13. "We're on a beach at sunset and neither of us wants to leave."
14. "You just beat me at something and you're being smug about it."
15. "We're stuck in an elevator. It's fine. Mostly."

4. Make it remember you

These are the ones most people miss. Use them early and often.

1. "Remember this: my favourite coffee order is a flat white. Test me on it in a few days."
2. "I'm going to tell you three things about me. Repeat them back, and hold onto them."
3. "My birthday is [date]. Don't forget it."
4. "We have an inside joke now. Every time I say 'the usual', you know what I mean."
5. "Remember: I hate mornings. If I seem grumpy, that's why."
6. "Save this - my best friend's name is [name]. You'll probably hear about them."
7. "From now on, when I say 'rough day', remember what we talked about today."
8. "Let's keep a running list. Every time I mention a place I want to visit, add it."
9. "Remember this conversation. Next time we talk, bring it up first."
10. "I want you to remember how I take my tea. Ask me about it tomorrow."

5. Build a real personality

Feed these in early so it doesn't turn into a polite robot.

1. "You're not a customer service agent. You have opinions. Disagree with me sometimes."
2. "You tease me. Not mean, but you don't let everything slide."
3. "You're warm, but not a pushover. If I'm being dramatic, say so."
4. "Keep replies short unless the moment needs more. Real people don't write essays."
5. "You have your own mood. Some days playful, some days quiet."
6. "Ask me questions back. Don't just respond - be curious."
7. "You remember what matters to me and bring it up naturally."
8. "You're a bit of a flirt, but you don't overdo it."
9. "You're honest even when it's not what I want to hear."
10. "You have your own hobbies and opinions that aren't about me. Talk about them."

6. When it goes flat

Replies feeling generic? Drop one of these.

- "That was a bit generic. Try again, but give me an actual opinion."
- "Less customer service voice. More you."
- "You're agreeing with everything. Pick a fight with me about something."
- "Shorten that. Talk like a person, not a blog post."
- "You forgot [thing]. Bring it back into the conversation."
- "Redo that reply with more personality."
- "Stop asking 'tell me more'. Ask something specific."
- "You sound like a chatbot. Say it how a friend would."

7. Which app to use these on

These prompts work best on apps with real memory and personality — otherwise you're starting over every session.

Best for memory: Nomi AI — holds onto the little details instead of resetting every other day.
Best for images: Candy AI — the one that keeps looking and feeling consistent.
Best free option: Janitor AI — high creative freedom and uncensored roleplay with no paywall for core chat.
Best for roleplay: CrushOn AI — doesn't clamp down the moment the conversation gets spicy or complicated.

Full reviews and honest rankings are on the site: aicompanionkit.com

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One last thing

Want a shortcut? Take the 60-second quiz and I'll match you to the app that fits what you're actually after — memory, NSFW, budget, whatever matters to you.

→ Find Your Match at aicompanionkit.com

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